

CYBERSECURITY AWARENESS PASSWORD SECURITY

Current guidance recommends your passwords should be made up of three or more random words strung together e.g. "coffetrainfish", ideally with special characters and random numbers mixed in.

50%

of people use the
SAME PASSWORD
for the majority of their accounts

Make sure you use different passwords for different accounts, and don't use the same password at work that you use for accounts at home.



A hacker attacks every **39** seconds on passwords through the following:



MALWARE



PHISHING



WHALING



LOSS OF DATA

We recommend

THREE RANDOM WORDS

makes the strongest passwords with special characters and random numbers mixed in

e.g **CoffeeTrainFish62#**



or **48!WallTinShirt**

Avoid anything that someone could guess, or find out from social media, like family names or pet names

Most common passwords

**PASSWORD
QWERTY**

**DRAGON
MONKEY**

**MICHAEL
123456**

**FOOTBALL
ILOVEYOU**