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OFFICE OF THE DIRECTOR-GENERAL

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Reference:
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Date: 22 September 2022
Leshupelo:
Umhla:
Datum:

To: All HODs, Acting HODs
Northern Cape
KIMBERLEY
8301

Dear Colleagues

RE: NATIONAL RECREATION DAY – 7 OCTOBER 2022

The above matter refers.

The Department of Sport, Arts and Culture will observe the National Recreation Day in Kimberley on Friday, 07 October 2022. National Recreation Day was declared by the South African Cabinet on 10 December 2014, to take place on the 1st Friday of October each year, as a day to promote movement and active lifestyles. The expectation was that all South Africans will be made aware of the need to become physically active and that they will dedicate some part of their day towards participating in physical activities of their choice intended to promote life-long wellness.

This campaign will be observed in all nine (9) Provinces through partnerships with Government departments as well as the private sector.

Public Servants are encouraged to participate in the program which will be held at the Diskobolos Army Base from 07h30 until 14h00 on the said date. Some of the activities that people will be able to take part include; a fun walk, tug of war, aerobics, soccer, netball and indigenous games.

Yours faithfully

JUSTICE BEKEBEKE
DIRECTOR GENERAL